

PCP Treatment Agreement



In order to protect the welfare of you and everyone else connected with PCP it is important that you stick to the following code of conduct. **We believe that EVERYONE has the right to enjoy treatment free from harm.** If you 'break' this agreement, PCP may take disciplinary action which in turn could mean you are discharged from treatment.

1. I will not take alcohol, drugs or any mind-altering substance that has not been prescribed to me. If I need medication, I will ask the Nurse if it is suitable BEFORE taking it. I will not go into any pub, bar or club. Gambling (including lottery), energy drinks and alcohol-free beers / wine are also forbidden.

The consequences of breaking this clause may result in me being discharged from treatment. Please be aware that eating foods containing poppy seeds may produce a positive opiate test, which may result in me being discharged.

2. I will take part in random urine/breath tests. A positive test may result in me being discharged from treatment. Refusal to provide a sample may also lead to discharge. Failure to provide a sample within a 4-hour window will be viewed as a refusal to provide a sample.
3. I agree to treat everybody with kindness, tolerance and respect. PCP has a zero-tolerance policy on discrimination of any description. I will not use any form of violence, threatening, intimidating or discriminatory behaviour to other clients, staff, visitors, property or members of the community. Such behaviour may result in me being discharged.
4. All PCP indoor premises are smoke free zones. Smoking in my room or any part of a PCP property may result in me being discharged.
5. I will take part in all timetabled activities and complete all written assignments on time. This includes turning up on time, following group rules and engaging in the process. This includes engaging in medical treatment requested and recommended by PCP staff - If I choose to go against the medical advice given to me by PCP, for example to attend a medical appointment / hospital, this will result in me being discharged from treatment.
6. Outside of treatment time, I must be accompanied by at least two other clients unless otherwise agreed by the counselling team; there may be times when you could be allowed to go out in a 2 or alone but this must be authorised first by a member of staff, so please ask.
7. I will not be allowed to access my money for the first week of treatment, whilst living in the detox accommodation. I will try to live by a £100 weekly budget - It is my responsibility to prioritise and choose how to live within this budget. If I need anything sent to me by my family, I will ask the counselling team first. I will be aware of the risks of over-spending becoming a cross addiction.
8. I will attend evening 12 step fellowship meetings (A.A, C.A, N.A). I agree to attend a minimum of 5 evening meetings per week. I will honestly report the number of meetings I have attended during Community Group.

9. I am not allowed a phone for the first 72 hours of treatment and during this time any outside communication must be agreed by the counselling team first. After 72 hours and whilst living in the detox accommodation, I will hand in my phone to PCP night staff at 10pm. All mobile phones must be handed into the office each morning and they will be given back after all group activities are completed. I will not lend my phone to a client who is not allowed a phone, unless in an emergency.
10. I will arrive at the treatment centre by 9am every day. If I am unable to attend treatment or running late, I will call the centre and speak to a member of the counselling team.
11. I understand that I am not allowed face to face visits during my time in treatment.
12. I will return to the accommodation by 10:00pm each evening. I will not allow anyone not connected to PCP primary rehab into my accommodation. PCP Housing clients are not allowed at the property.
13. I will take responsibility for maintaining cleanliness and tidiness of my PCP accommodation.
14. Exclusive relationships are forbidden in treatment. If I have feelings for another client, I will speak to a Counsellor about it. If I do enter an exclusive relationship, I understand that I may be discharged from treatment.
15. I will make the counselling team aware if any other client has breached this Treatment Agreement as soon as I know. Not informing someone could do serious damage to a client's long-term recovery.
16. I will respect the confidentiality of everyone involved at PCP. Anything I hear in PCP treatment I will keep to myself. I will not pass on the identities of any PCP member to anyone outside of PCP.

Disciplinary Process

PCP staff may go through the following disciplinary process if you break any of these rules. PCP staff reserve the right to escalate through this process if we believe your behaviour warrants such a consequence.

Informal verbal warning – Verbal warning – Written warning – Final written warning – Discharge

PCP's priority is to treat people as individuals and therefore may vary individual agreements to meet individual circumstances.

If you are discharged from treatment you must take all your belongings with you. If you leave anything behind, we will keep your belongings for a maximum period of five days, after which we will dispose of it. PCP does not take any responsibility for lost or damaged personal effects that you choose to bring into treatment with you.

If you feel aggrieved or concerned about any aspect of the PCP service, please speak to a member of staff.